

TRAFALGAR



Costa Rica Nature Adventure

Extra Touch Tours

8 days - 7 nights | 1 Country

\$3199 per person twin share

\$320(subject to availability) single supplement

Start date: 10 January 2026

THE
**GOOD
LIFE**



Costa Rica Nature Adventure

Extra Touch Tours

DAY 1: 10 JANUARY 2026

Welcome to San José

Learn the secrets of Pura Vida – Costa Rica's inimitable zest for life that will linger throughout your effortlessly delivered encounter with a land that boasts no artificial ingredients. This evening, join your Travel Director and fellow expeditioners for dinner. [Transfers](#): More information to come with the release of the 2026 brochure.

Meal(s): Dinner

Hotel(s): Sheraton San José

DAY 2: 11 JANUARY 2026

Discover the Natural Beauty of Tortuguero National Park

Journey to San Isidro de Heredia where you'll Dive into Culture with master [chocolaters](#) Julio Fernandez and George [Boriano](#) to learn about the history of chocolate and its production at this small workshop. Then, it's on to [Siquirres](#) where we embark on a river journey through protected wetlands and on to secluded [Tortuguero](#), gliding through canals, lagoons and lowland [rainforest](#). Visit the Village of [Tortuguero](#) for a culturally enriching MAKE TRAVEL MATTER® Experience meeting [Tortuguero](#) Village pioneers and learning about their way of life. Then continue to your Stays with Stories at Laguna Lodge, where you'll learn the story of how the lodge was built with materials that protect this [biodiverse](#) environment and natural habitat. Later, enjoy dinner at your hotel accompanied by the enchanting sounds of resident cicadas and tree frogs.

Meal(s): Breakfast, Lunch, Dinner

Hotel(s): Laguna Lodge

DAY 3: 12 JANUARY 2026

Visit the wildlife of Tortuguero National Park

Cruise the canals and streams of the park today with a Local Specialist as howler monkeys watch from the treetops, toucans and egrets fly through the air and crocodiles ply the cool waters. Visit the Village of [Tortuguero](#). If you are here between July and September, take an optional tour to see the sea turtles laying eggs on the beach.

Meal(s): Breakfast, Lunch, Dinner

Hotel(s): Laguna Lodge

DAY 4: 13 JANUARY 2026

Sample heart of palm in Sarapiquí

Bid adiós to [Tortuguero](#) as you travel through the [Sarapiquí](#) Valley for lunch at the [Hacienda Poza Azul](#). Here, you'll meet the Quintana family to experience how their [eco-friendly](#) hacienda, originally built as a retirement project, has blossomed into an organic farm and [eco-adventure](#) hub. During this Be My Guest experience, you'll learn firsthand how they're reducing their carbon footprint while supporting the local community. After lunch, you'll meet the [Tipp](#) family for a MAKE TRAVEL MATTER® Experience at their palm plantation. There you'll learn about and sample the delicate heart of palm.

Meal(s): Breakfast, Lunch

Hotel(s): [Arenal Paraiso Resort and Spa](#)



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DAY 5: 14 JANUARY 2026

Venture into Arenal Volcano National Park Connect with Locals

Today is yours to explore or unwind at your own pace, immersed in Arenal's natural beauty. Whether you're craving adventure or relaxation, a variety of Optional Experiences await. Nature lovers can visit [Arenal Natura Ecological Park](#) for a guided [rainforest](#) walk, where you'll spot exotic wildlife and learn about conservation efforts. For a more active option, hike [Arenal Volcano](#) for breathtaking vistas and lush landscapes. Or, choose a peaceful kayak ride on [Lake Arenal](#), with the volcano as your striking backdrop. Whatever your choice, [Arenal](#) promises beauty and adventure for all.

Meal(s): Breakfast, Dinner

Hotel(s): [Arenal Paraiso Resort and Spa](#)

DAY 6: 15 JANUARY 2026

Immerse in the stories of Monteverde Cloud Forest Connect with Locals

Enjoy a leisurely morning, with time to relax and take in your surroundings before you set off for the stunning [Monteverde Cloud Forest](#). As you arrive in this mist-covered paradise, you'll be immersed in the wonder of one of Costa Rica's most unique ecosystems. This evening, you'll enjoy a delicious included dinner, followed by an engaging Pioneer Quaker Presentation. You'll meet descendants of Monteverde's Quaker pioneers, whose families made the courageous journey from Alabama in the early 1950s. They'll share their personal stories of settling in this remote area and reflect on the changes they've witnessed in the community over the years. It's an evening where history, culture, and connection come to life in the heart of [Monteverde](#).

Meal(s): Breakfast, Dinner

Hotel(s): [El Establo Mountain](#)

DAY 7: 16 JANUARY 2026

Wander the Monteverde Cloud Forest

This morning, join your Travel Director for an excursion through the lush [rainforests](#) of [Monteverde Cloud Forest Reserve](#). Ascend to the treetops high above the jungle floor below, treading lightly along the Sky Walk suspension bridges amongst the wildlife that find sanctuary in the boughs of the surrounding canopy. As our epic [8.550](#) adventure nears its end, we share stories with newfound friends at a Farewell Dinner.

Meal(s): Breakfast, Dinner

Hotel(s): [El Establo Mountain](#)

DAY 8: 17 JANUARY 2026

Depart San José

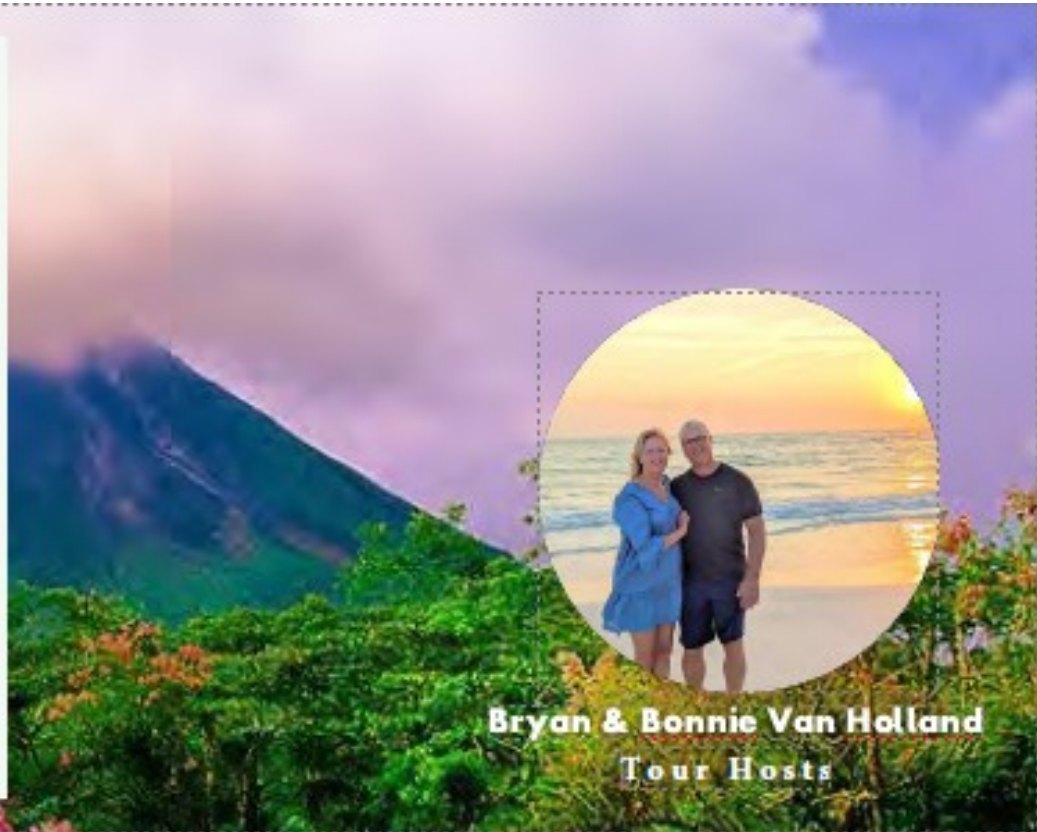
Your adventure through Costa Rica comes to a close as you prepare your return home with wonderful memories.

Transfers: More information to come with the release of the 2026 brochure.

Meal(s): Breakfast

HIGHLIGHTS

- 6 Dinner (D)
- 7 Breakfast (B)
- 3 Lunch (L)
- Visit Tortuguero Village, Sarapiquí
- View Arenal Volcano
- Explore Cocoa Farm with Master Chocolatier and explore Monteverde with Quaker pioneer descendants
- Hike through Monteverde Cloud Forest Reserve guided by a local Specialist
- Cruise the canals of Tortuguero National Park



Bryan & Bonnie Van Holland
Tour Hosts



For more information please contact:
Ashley Runyon

Email: info@extratouchtours.com; Phone: 712-317-9002



eXtra Touch Tours

Life's short, the world is big, come see it with us!

INCLUDED

- All portage and restaurant gratuities
- An expert Travel Director and professional Driver
- Cherry-picked hotels, all tried and trusted
- All hotel tips, charges and local taxes
- Audio headsets for flexible sightseeing
- Luxury air-conditioned coach with WiFi in most countries or alternative transportation (such as rail journeys)
- Optional Experiences and free time
- On occasion, hotels of similar standard and location may be utilized.

TERMS AND CONDITIONS

WHAT'S NOT INCLUDED: Airfares (unless otherwise stated), passport and applicable visa fees, charges imposed by third parties, laundry, phone calls, items of a personal nature, beverages, meals and sightseeing not detailed on the itinerary, excess baggage, travel insurance. Travel Insurance is highly recommended. Ask your Travel Advisor or Group Specialist for further details.

PRICE: The advertised price is in US dollars, per person twin share.

DEPOSIT: A non-refundable deposit of \$350 is due at time of booking.

FINAL PAYMENT: Required 90 days prior to the group's departure date. Final payment due dates are based on trip type or region. See contract or brochure for details.

CANCELLATION FEES: In the event you have to cancel your booking, cancellation fees will apply. For full details of cancellation fees, contact your Travel Advisor or Group Specialist.

AMENDMENTS: Fees may apply to any change made to your booking once confirmed. **REFUNDS:** No refund is available if cancellations occur after the trip has commenced or in respect of any sightseeing, accommodation, meals or any other services not utilized.

ITINERARY CHANGES & TRIP CANCELLATION: Prices are based on costs, charges, tariffs, taxes, levies and exchange rates at the time of publication. In the event that such fluctuations affect the price to be paid for services, we reserve the right to adjust the price as necessary at any time. Trafalgar reserves the right to vary itineraries should circumstances dictate, as well as cancel or reschedule any trip departure in accordance with operating requirements, or circumstances beyond its control. The advertised trip requires minimum numbers to depart. Should these not be met,

Trafalgar reserves the right to alter or cancel arrangements.

PASSPORT AND VISAS: You must have a valid passport with 6 months validity from date of return. For Visa requirements, contact your Travel Advisor or Group Specialist. **HOTELS:** The hotels listed in the itinerary are listed as a guide only and are subject to change.

PORTERAGE: For one suitcase is included in the trip price of arrival and departure from each trip hotel. Refer to www.trafalgar.com/en-us/resources/website-terms-of-use for details of luggage allowances.

TRANSFERS: Your Travel Advisor or Group Specialist can provide details of arrival and departure transfers.

DOCUMENTATION: Documentation will be emailed approximately 2 weeks prior to departure.

ADDITIONAL TERMS AND CONDITIONS: apply to this special departure. Full terms and conditions are available from Trafalgar. Refer also to the Trafalgar website at www.trafalgar.com/en-us/resources/website-terms-of-use.

FOR TRAFALGAR SCHEDULED DEPARTURES ONLY
DISCOUNTS AND TRAVEL PROTECTION: You may be able to take advantage of special offers and Travel Protection as detailed in the Trafalgar brochure or website on this trip. Please check with your Travel Advisor or Group Specialist for applicable discounts. Note: the Travel Protection insurance plan will not cover any additional group discounts or benefits applied to the rest of the group.

ROOMING ARRANGEMENTS: All pricing is based on twin share accommodation. If a single room is required, the appropriate single supplement will need to be paid. Single rooms are subject to availability. Triple rooms may be available on request.

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2026

ADDITIONAL DETAILS

How to make a reservation: Please fill out the reservation form from the Extra Touch website (extratouchtours.com) and email it to reservations@extratouchtours.com. For questions prior to your reservation, please call 712-317-9002 or email info@extratouchtours.com.

Documentation: A valid U.S. passport book that is valid at least six (6) months from the date of your return is required for this cruise. A copy of your passport must be sent in with your reservation. Some countries require visas and is at the responsibility of the traveler to obtain. Extra Touch will do their best to inform our travelers of all special circumstances.

Smart Phones/Email: eXtra Touch Tours is a digital communications company. All tour information will be sent via email. It is highly recommended that you have email and a smart phone.

Travel Insurance: We recommend travel insurance to protect your payments from cancellation fees. Your trip investment is worth protecting, and travel insurance is the best way to safeguard against unexpected events that can prevent you from traveling and being assessed significant cancellation, interruption, medical, or other fees. Contact eXtra Touch Tours for travel insurance information.

Shore Excursions/Tour Preparation: Tour communications will be sent to assist with booking optional shore excursions, which are at additional cost, and to communicate any additional preparations for your trip. It is important that we have an email address for these communications.

Final Documents: Approximately three weeks prior to your departure date, you will receive your final documents email. This email will include all necessary information for your tour.

Changes in Tour Price: Tour prices in this publication are effective as of February 10, 2025, and are subject to fluctuation due to the U.S. dollar exchange rates and energy rates. Our best effort has been made to publish this information as accurately as possible. The right is reserved to change tour rates as deemed necessary by current currency, fuel price fluctuations, taxes, typographical errors, or other reasons, etc. Due to the volatility of airfares and flight schedules, tours utilizing air transportation are subject to change both in price and routing. Submitting your deposit is an acknowledgment of your agreement to these terms.

Changes in Itinerary: The ports, events, attractions, restaurants, and hotels scheduled in your tour are subject to change. Every effort will be made to preserve the original quality of attractions and hotels when circumstances necessitate a substitution.

Baggage Allowance: Portage for one suitcase (per person) is included in the tour price. Due to limited motorcoach capacity, your single bag should have dimensions not exceeding 30" x 21" x 11" and weigh no more than 30 lbs. Small carry-on bags are allowed and are your responsibility. Most airlines assess a baggage fee. This fee is not included in the tour price and is paid for at airport check-in. This is based on most tours, but may vary depending on tour inclusions.

Single Travelers: Single rates are available upon request.

Inspiration and Faith: Due to tour schedules, we are unable to make any special provisions for church worship services. Many tour hosts share a "Thought for the Day," verses of inspiration, devotionals, or a short prayer to start the day. If possible, we will have a casual worship service onboard the ship on Sundays.

Special Needs: Please notify us of any special needs at the time of reservation. We will make all reasonable efforts to assist with your travel arrangements. However, it is strongly recommended that a traveling companion come along to help with any special needs of anyone with a disability. Extra Touch Hosts have responsibilities for the entire group and can't provide one-on-one care. This includes boarding of motor coaches, airplanes, cruise ships, etc., and traversing hotels, restaurants, attractions, or other personal needs, etc. Contact us if you have any questions.

TRAVELER RESPONSIBILITIES, TERMS & CONDITIONS

eXtra Touch Tours (ETT) acts only as an agent for suppliers. ETT is not responsible for acts or omissions of the suppliers or their failure to provide services or adhere to their schedules and assumes no liability for injury, damage, loss, accident, delay, or irregularity, and can accept no liability for losses or personal injury or property damage, or additional expenses due to delay or changes in the bus or other services, sickness, weather, strikes, war, quarantine, terrorism, or other causes. All such losses or expenses will have to be borne by the passenger.

The right is reserved to accept or withdraw any tour if circumstances require it. ETT reserves the right to make any changes for the benefit of the tour and/or tour members, including canceling the tour if necessary. All rates are subject to change and are based on current tariffs available and current exchange rates as of February 10, 2025. ETT or property owners are not liable for any loss/damage to vehicles parked at departure locations.

All baggage is at the owner's risk. The purchase of baggage & travel insurance covering cancellation, interruption, medical, baggage, etc., is recommended. The issuance and acceptance of tickets/vouchers or the payment of the required deposit or any partial or full payment for reservations on these trips shall be deemed to be consent to these conditions. No refund or unused portions of the tour can be made unless agreed to prior to the departure of the tour.

The usual contract in use by the airlines and other transportation companies, when issued, shall constitute the sole contract between the purchaser of the tour and/or the passenger. The services of any ARC and/or IATAN carrier may be used on this program. ETT has no special knowledge regarding the financial condition of the suppliers or unsafe conditions or remote locations to which you may travel.

You assume full responsibility for checking and verifying any and all passport, visa, vaccination, or other entry requirements of your destination(s) and all conditions regarding health, safety, security, political stability, and labor or civil unrest at such destination(s). Passengers hereby release ETT from all claims arising out of any problem covered in these paragraphs and agree that the courts in Madison Co., NE will be the exclusive jurisdiction for all claims brought by you or ETT.

Travelers may be photographed for the promotional purposes of ETT.

FOR RESERVATIONS, PLEASE CONTACT EXTRA TOUCH TOURS!

info@extratouchtours.com or 712-317-9002